Blessing of Hope

So may we know the hope that is not just for someday but for this day here, now, in this moment that opens to us:

hope not made of wishes but of substance,

hope made of sinew and muscle and bone,

hope that has breath and a beating heart,

hope that will not keep quiet and be polite, hope that knows how to holler when it is called for,

hope that knows how to sing when there seems little cause,

hope that raises us from the dead -

not someday but this day, every day, again and again and again.

Blessing When the World is Ending

Look, the world is always ending somewhere.

Somewhere the sun has come crashing down.

Somewhere it has gone completely dark.

Somewhere it has ended with the gun, the knife, the fist.

Somewhere it has ended with the slammed door, the shattered hope.

Somewhere it has ended with the utter quiet that follows the news from the phone, the television, the hospital room.

Somewhere it has ended with a tenderness that will break your heart.

But, listen, this blessing means to be anything but morose. It has not come to cause despair.

It is here simply because there is nothing a blessing is better suited for than an ending, nothing that cries out more for a blessing than when a world is falling apart.

This blessing
will not fix you,
will not mend you,
will not give you
false comfort;
it will not talk to you
about one door opening
when another one closes.

It will simply sit itself beside you among the shards and gently turn your face toward the direction from which the light will come, gathering itself about you as the world begins again.