

# Companions in Christ



## *Together and Apart*

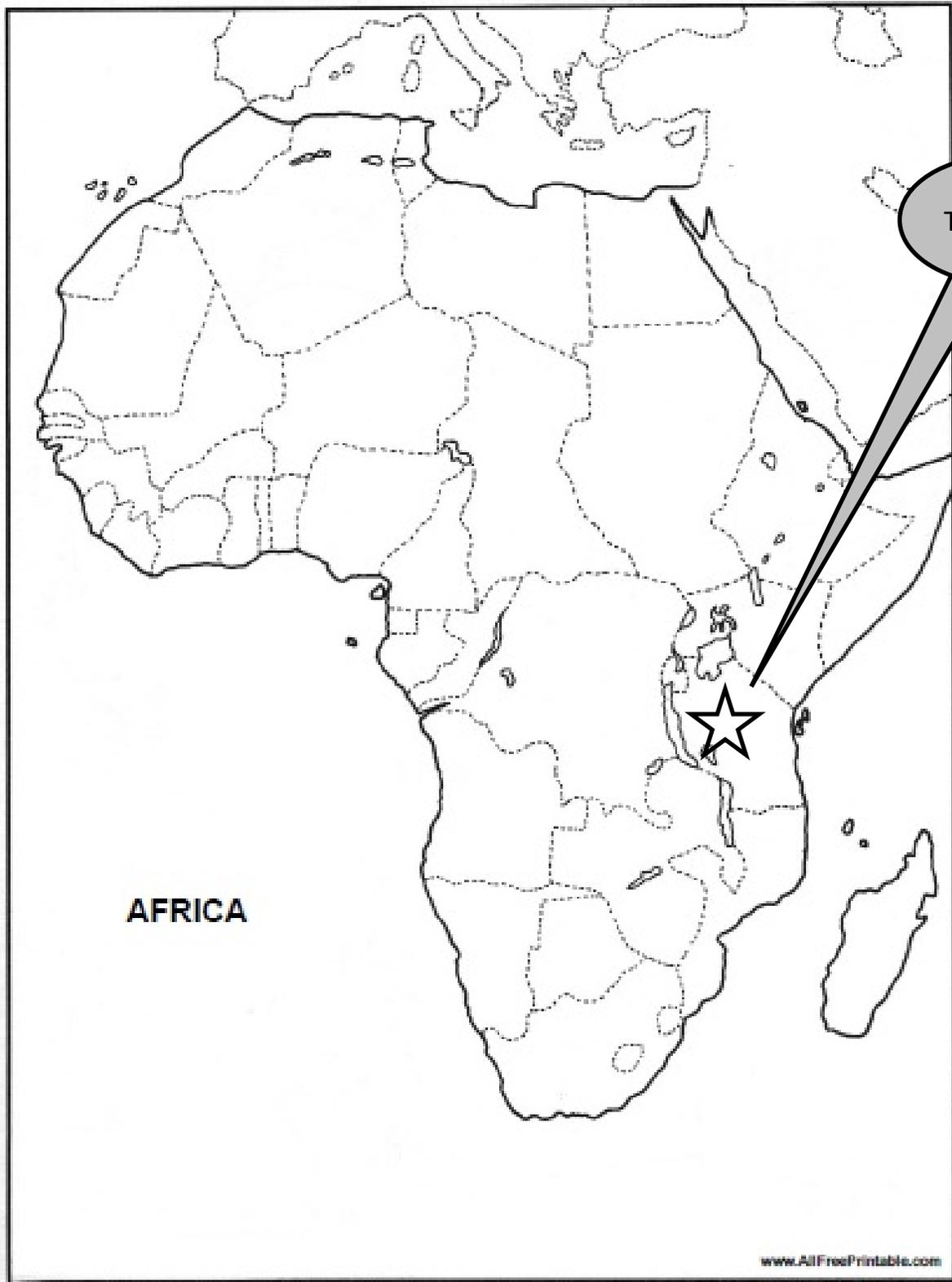
Bega Kwa Bega—St Paul Area Synod  
Fall Festival 2020



Bega Kwa Bega is the phrase we use to describe our companion synod relationship with the Iringa Diocese of the Evangelical Lutheran Church in Tanzania (ELCT). In English, the phrase means *'shoulder to shoulder'*, describing the way in which we accompany one another in a spirit of mutuality, inclusivity, and vulnerability. At its heart Bega Kwa Bega is a joint ministry between communities of faith in the ELCA and ELCT, whose purpose is to proclaim the Gospel of Jesus Christ, to extend Christian hospitality, and to strengthen relationships with one another through the shared practices of prayer, presence, and projects. This coloring book is designed for children age 2-10 so they might learn more about our  
Tanzanian neighbors and friends.

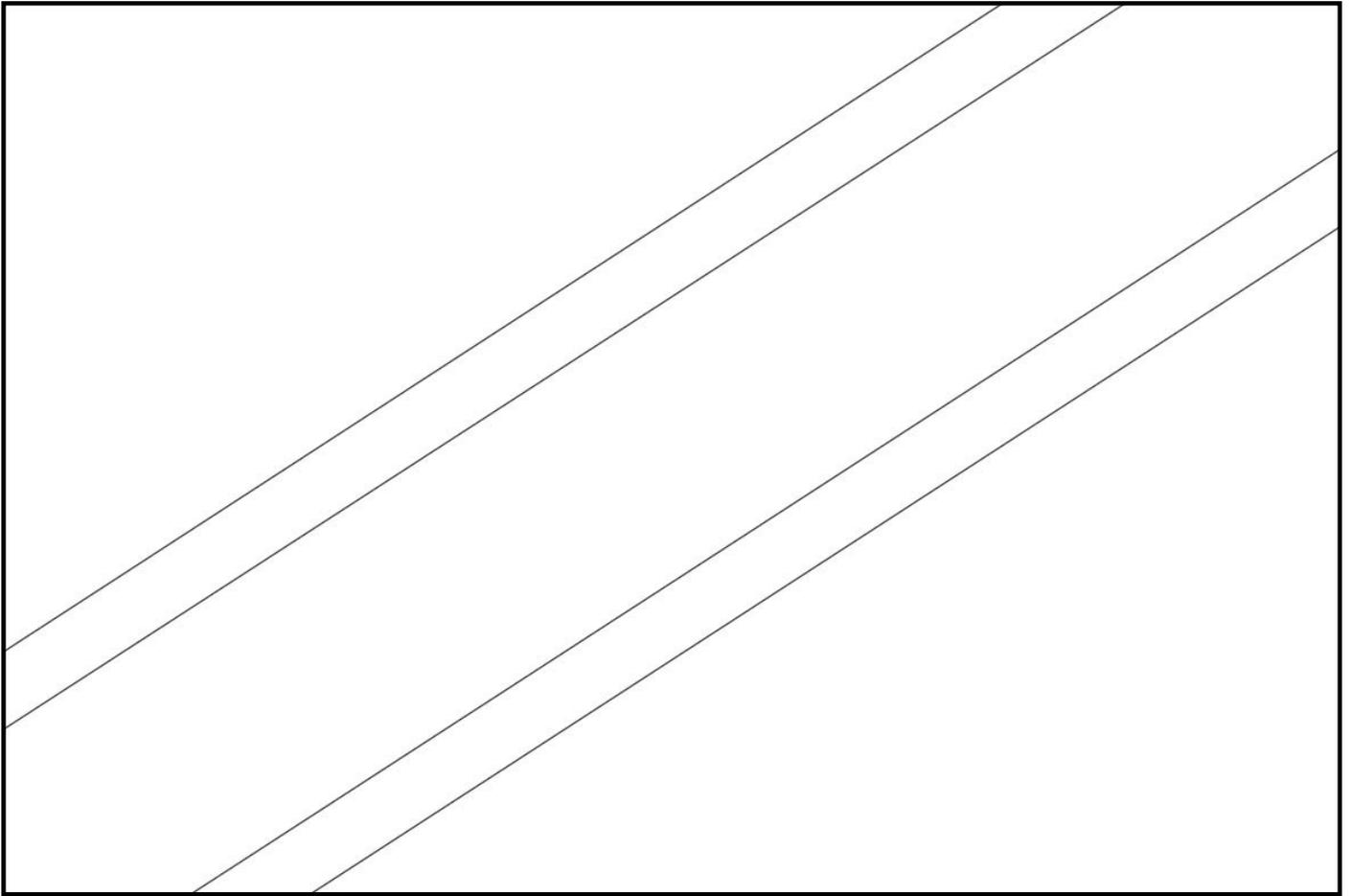
For more information, please check out the St Paul Area Companion Synod page

# Map of Africa



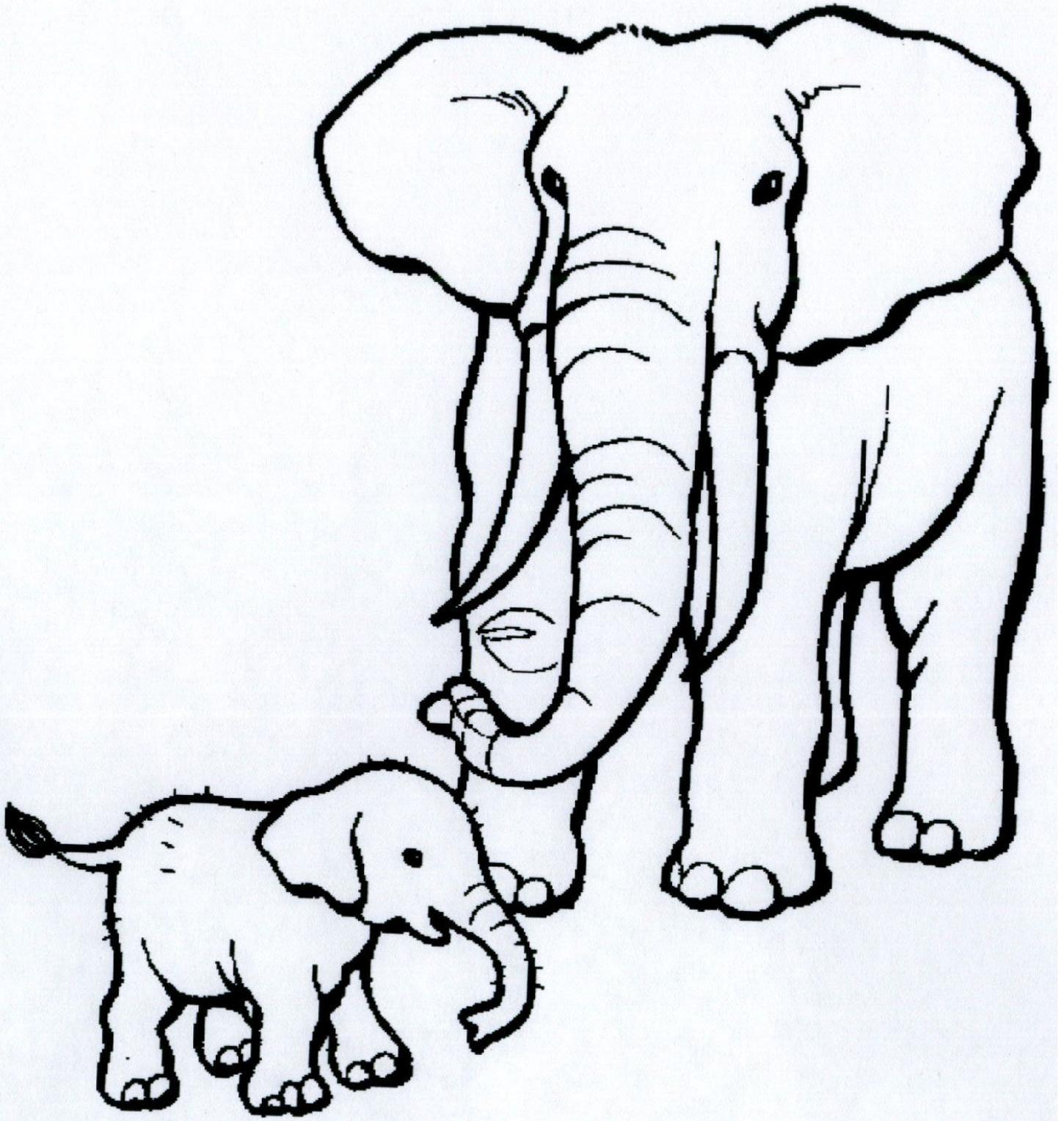
Tanzania is a country found in south east Africa. Can you find the star on the map and color it yellow? That's Tanzania!

# Tanzanian Flag

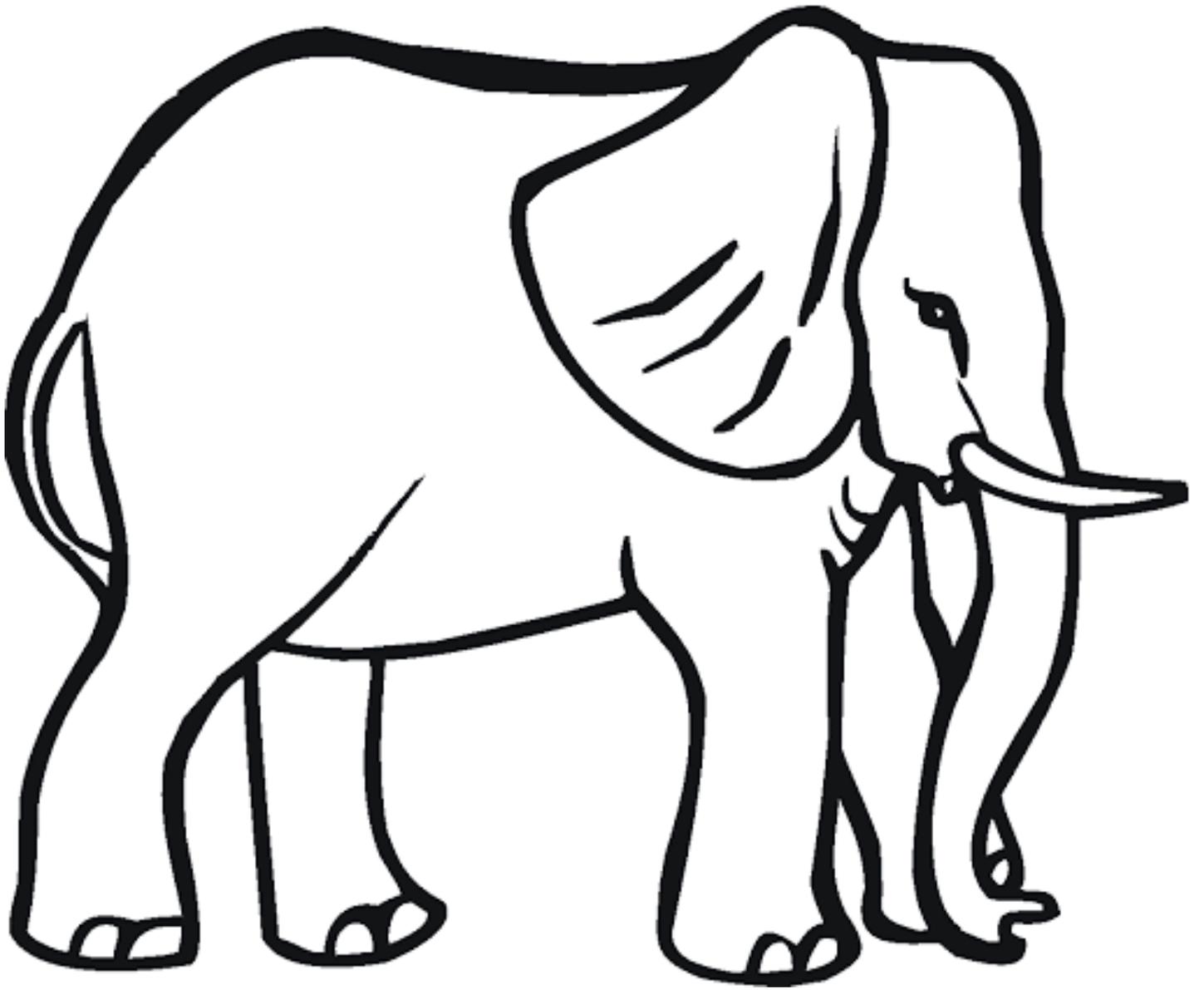


To color the flag, color the top left triangle green, the stripes yellow, the line between the stripes black and the bottom right triangle, blue.

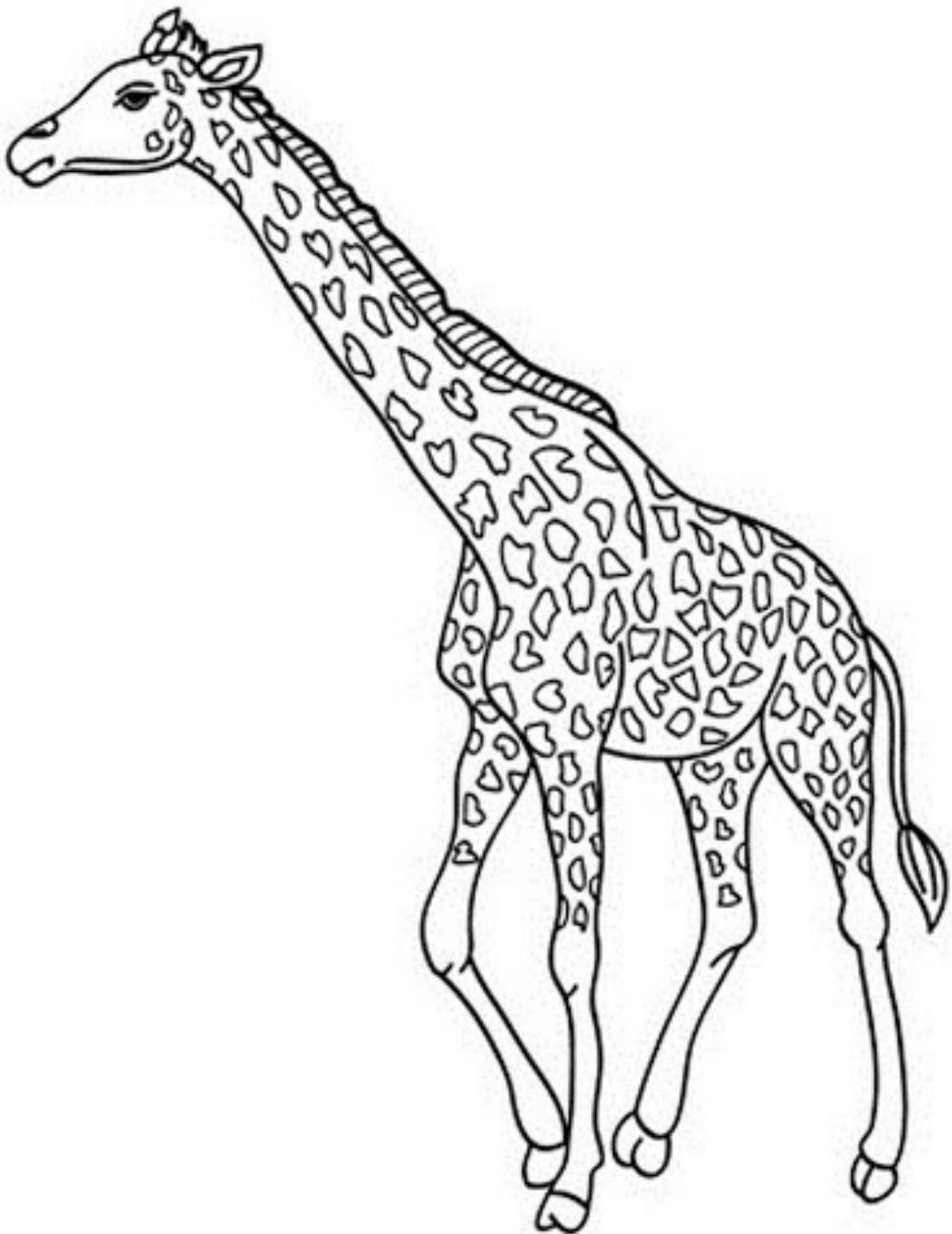
# Animals



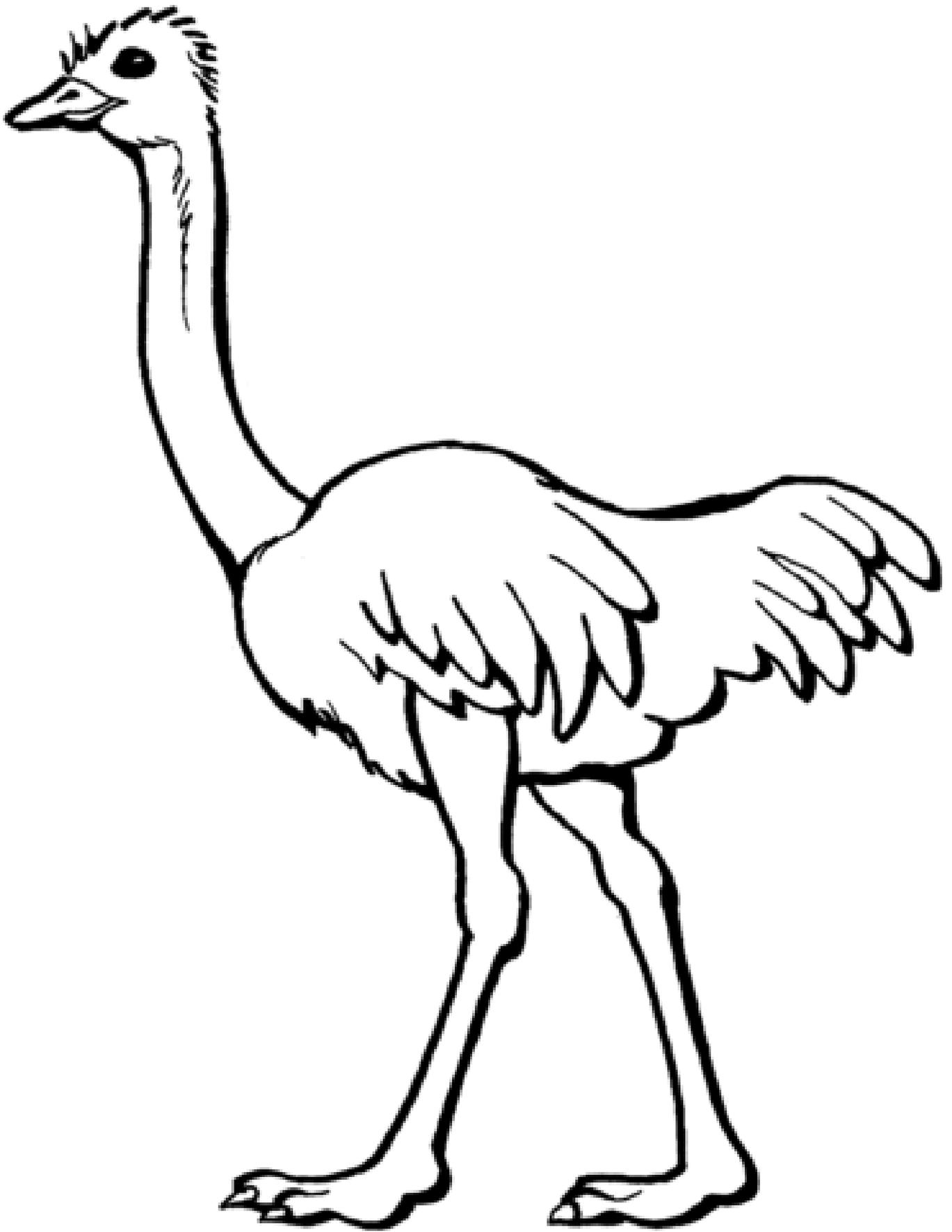
Tanzania is home to many animals including elephants.....



....and more elephants....



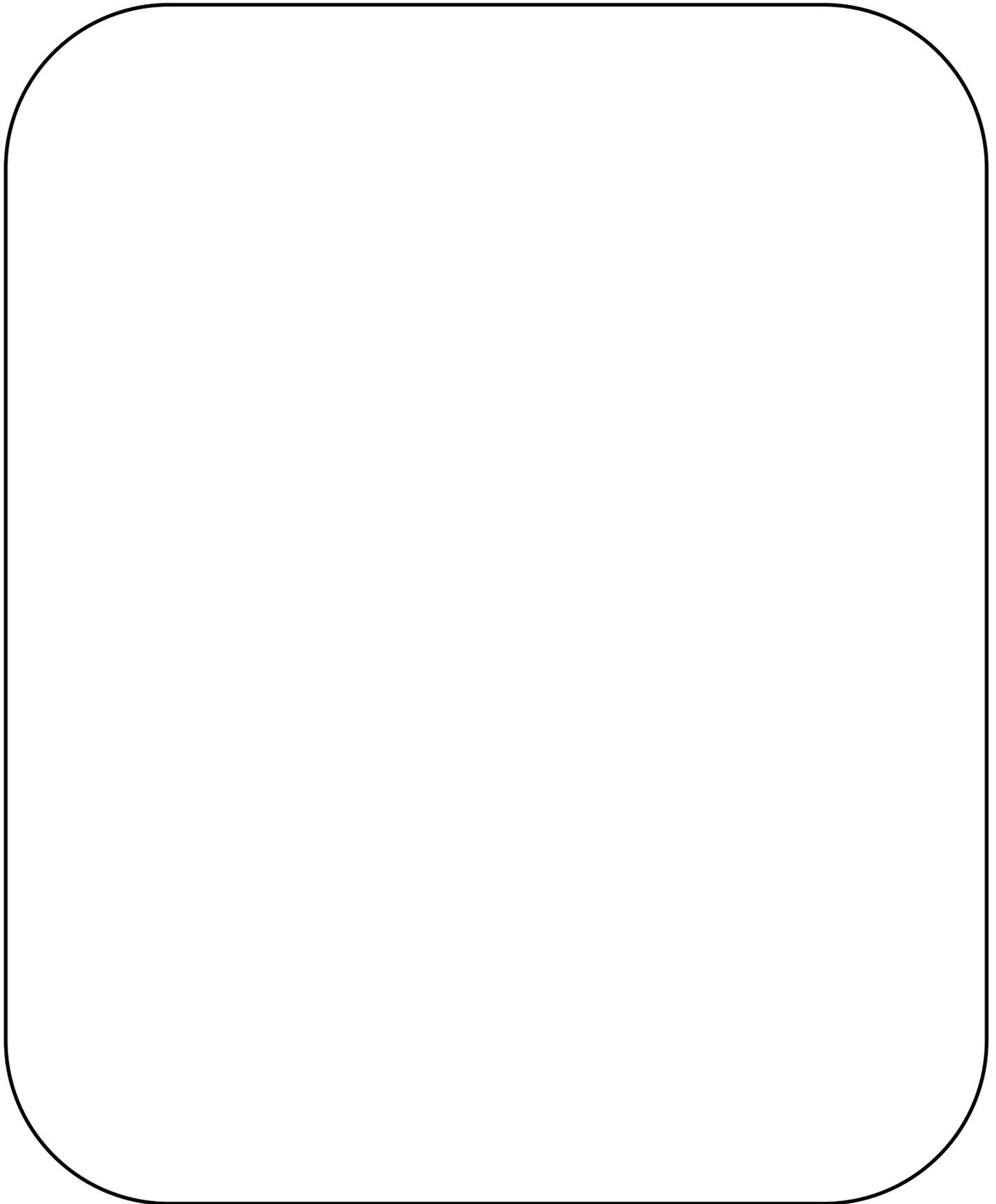
....giraffes....



....and ostriches.

What other animals do you know that live in Tanzania?

Draw them below.



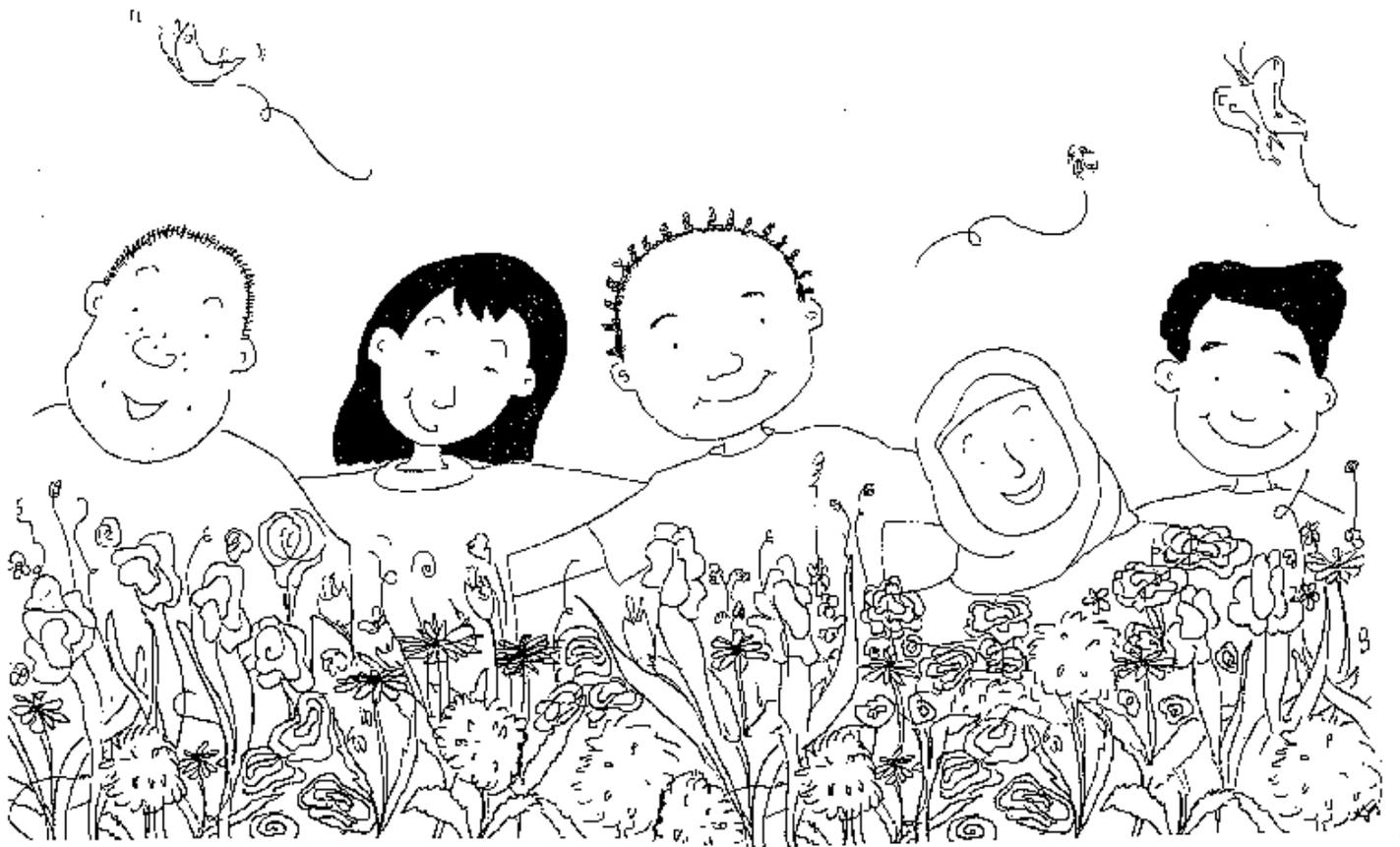
# Tanzania

unity



# Minnesota

Even though we are apart right now, and people cannot travel, God's spirit holds us together. As people of God, we are united in Christ and celebrate how we are similar and how we are different from one another. And, that's a beautiful thing. Color the photo with as many colors as possible.



# Let's Thank God Madlib

## 1 Thessalonians 3:9-10a

How can we thank God enough for \_\_\_\_\_  
(noun)

in return for all the \_\_\_\_\_ that we feel before  
(an emotion)

our God because of \_\_\_\_\_ ? Night and day we  
(noun)

\_\_\_\_\_ most earnestly that \_\_\_\_\_ may see you  
(verb) (a person)

face to face. Amen.

See how close you got to the right prayer:  
How can we thank God enough for you in return for all the joy that we  
feel before our God because of you? Night and day we pray most ear-  
nestly that we may see you face to face. Amen.

## Tanzania in Prayer

Write as many words per letter that you can think of to describe Tanzania. The first letter has been started for you as an example. Then, use your words to write a prayer below.

**T** stands for trees, tribes, trust, \_\_\_\_\_

**A** stands for \_\_\_\_\_

**N** stands for \_\_\_\_\_

**Z** stands for \_\_\_\_\_

**A** stands for \_\_\_\_\_

**N** stands for \_\_\_\_\_

**I** stands for \_\_\_\_\_

**A** stands for \_\_\_\_\_

How might you use these words to pray for our friends in Tanzania?  
Write your prayer below:

Dear God, \_\_\_\_\_

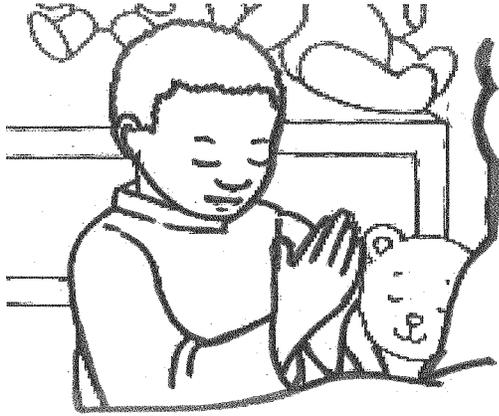
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Amen.

Color the images below and practice saying the prayer. Then, cut one out on the dotted lines and place by your bed. Use this prayer to be your night time prayer as we remember our friends in Tanzania.



**Asante Bwana Yesu  
Kwa kunipenda  
Nakuomba  
Unisaidie  
Niwapenda wengine**

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**Tanzanian Children's Prayer**

Asante Bwana Yesu / Thank you Lord Jesus

Kwa Kunipenda / for loving me.

Nakuomba / I pray that

Unisaidie / You help me

Niwapenda wengine / to love others.

Swahili pronunciation

A = ah

E = ay

I = ee

O = oh

U = oo

Ah SAHn tay bwah nah YAY soo

Kwah KOO nee PAEN dah

nah koo OHM bah

oo nee sah EE dee ay

Nee wah PEN dah wen GEE nay.

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**Asante Bwana Yesu  
Kwa kunipenda  
Nakuomba  
Unisaidie  
Niwapenda wengine**



